



Front Row Left to Right: Joan Roy, Macey Roy, Dr. Amy Hebert, Heather Morrow

Back Row: Riva Doucette, Dr. Ricardo Salvat, Tammy Dubois & Shannon Chasse

Coming Soon To:

Bolduc Avenue Health Center
12 Bolduc Avenue
Fort Kent, Maine

September 2018

New Optometrist
Dr. Amber Huleva

Clinic Hours: Monday to Friday
8:00 a.m. – 6:00 p.m.
(207) 834-3124

Welcoming New Patients!



Children's Eye Health Month



CHILDREN'S EYE HEALTH AND SAFETY MONTH

AUGUST 2018

Protect your Child's Eyes

JoAnne O'Leary, RN-BSN, Health Educator

August is National Children's Eye Health and Safety Month. Although most of us are not eye doctors, knowing what to do for an eye injury is important. A serious eye injury is not always immediately obvious. Delaying medical attention can cause the damaged areas of the eye to worsen and could result in permanent vision loss or blindness. Because eye injuries can cause serious vision loss, it is important to be able to recognize an injury and appropriately respond to it. Do **NOT** attempt to treat a serious eye injury yourself.

For all eye injuries, do not touch, rub or apply pressure to the eye.

Treatment for all eye injuries have a few common rules which are as follows:

- Do not touch, rub, or apply pressure to the eye.
- Do not try to remove an object stuck in the eye.
- Do not apply ointment or medication to the eye.
- See an optometrist as soon as possible.



Eye Health Today

Eye health is important to overall health. Protecting your eyes today will give you a brighter view in the future.



At Fish River Rural Health...

We encourage proper protection of your eyes, whether from the sun, at school, work, or during athletic events.

We have highly qualified experienced Optometrists on staff who are dedicated to eye health and wellness:

Amy Hebert, O.D. & Ricardo Salvat, O.D. Dr. Hebert is located in Madawaska at the Madawaska Community Health Center [207-728-4779].

Dr. Salvat is located in Fort Kent at the Bolduc Avenue Health Center [207-834-3124]. Both Optometrists are accepting new patients! The Optometrist and Team are committed to promoting high quality vision care for all age groups. Sliding Fee Discount Program available for qualifying patients.

Fish River Rural Health participates in the InfantSee Program. This program provides a one-time, no-cost eye assessment for babies 6 to 12 months old. We are committed to ensuring that your baby's vision is developing like all the other growth milestones. Twenty-five percent [25%] of children have visual issues, requiring early intervention. Our Optometrists participate in this no-cost program. An eye and vision assessment is one important developmental step in making sure your baby is seeing properly.