



# APRIL

## National Cancer Control Awareness Month

*Cancer is the 2nd most common cause of death in the US, exceeded only by heart disease.*

## Risk Factors

*Anyone can develop cancer.*

*Since the risk of being diagnosed with cancer increases as individual's age, most cases occur in adults who are middle-aged or older.*

*About 77% of all cancers are diagnosed in persons 55 and older.*

## Screening Recommendations

Regular screening examinations by a health care provider can result in the detection and removal of precancerous growths, as well as the diagnosis of cancers at an early stage, when they are most treatable.

*Screening can detect the following cancers at earlier stages when treatment is more likely to be successful:*

- |                    |                 |              |               |
|--------------------|-----------------|--------------|---------------|
| <i>Breast</i>      | <i>Cervix</i>   | <i>Skin</i>  |               |
| <i>Oral cavity</i> | <i>Prostate</i> | <i>Colon</i> | <i>Rectum</i> |

**Talk to your Medical Provider about age-appropriate screenings**

## *Prevention is the best Protection*

**Further Education available through FRRH's RN Care Management and LPN - Health Educational Services.**